



# A BI approach for Student Engagement and Retention along with Cognitive Load analysis for Educator

M. N. Algewatta

Reg. No.: MS23004436

A THESIS  
SUBMITTED TO  
SRI LANKA INSTITUTE OF INFORMATION TECHNOLOGY  
IN PARTIAL FULFILMENT OF THE REQUIREMENTS  
FOR THE DEGREE OF  
MASTER OF SCIENCE IN INFORMATION TECHNOLOGY

January 2025

I certify that I have read this thesis and that in my opinion it is fully adequate, in scope and in quality, as a thesis for the degree of Master of Science.

Dr. Kalpani Manathunga

Approved for MSc. Research Project:

MSc. Program Co-ordinator, SLIIT

Approved for MSc:

---

Head of Graduate Studies, FoC, SLIIT

## **DECLARATION**

This is to certify that the work is entirely my own and not of any other person, unless explicitly acknowledged (including citation of published and unpublished sources). The work has not previously been submitted in any form to the Sri Lanka Institute of Information Technology or to any other institution for assessment for any other purpose.

Sign: .....

Malithi Nethmini Algewatta

Date: 16<sup>th</sup> January 2025

# **ABSTRACT**

## **A BI approach for Student Engagement and Retention along with Cognitive Load Analysis for Educator**

Malithi Nethmini Algewatta

MSc. in Information Technology

**Supervisor:** Dr. Kalpani Manathunga

January 2025

This research introduces a systematic approach to monitoring student engagement, retention, and cognitive load in higher education, combining Business Intelligence (BI) tools with cognitive load analysis to address the complex challenges educators face in understanding and supporting student learning. By integrating diverse data sources, such as attendance, academic performance, mental health indicators, demographic factors, and feedback, the study demonstrates how a data-driven framework can provide educators with real-time, actionable insights into student behavior patterns. The BI system revealed valuable trends, including attendance irregularities, declining grades, and demographic influences, which helped educators identify at-risk students early and respond proactively. Additionally, the research employed cognitive load analysis to evaluate the mental demands of course content, categorizing learning objectives according to Bloom's Taxonomy. This analysis helped educators identify content that may overwhelm students and adjust complexity levels to support effective learning. The combined use of BI insights and cognitive load data presented a holistic approach that allowed educators to monitor student engagement more effectively and tailor instructional content to meet students' needs without cognitive overload. Findings from this study suggest that integrating BI tools with cognitive load metrics provides a structured, insightful framework that not only facilitates proactive intervention for student retention but also supports educators in creating a balanced, engaging, and supportive learning environment. This research offers a practical model that empowers institutions to foster student success through data-driven instructional adjustments and comprehensive engagement monitoring, meeting the evolving demands of modern higher education.

## **ACKNOWLEDGEMENT**

I would like to express my sincere gratitude to Dr. Kalpani Manathunga, my esteemed supervisor, for her invaluable guidance, unwavering support, and insightful feedback throughout this research endeavor. Her expertise and encouragement have been instrumental in shaping the direction of this work and enhancing its quality. Additionally, I extend my heartfelt thanks to all those who have contributed to this project in various capacities. Your assistance and collaboration have been deeply appreciated.

# TABLE OF CONTENTS

DECLARATION .....	ii
ABSTRACT .....	iii
ACKNOWLEDGEMENT.....	iv
TABLE OF CONTENTS .....	v
LIST OF FIGURES.....	ix
LIST OF TABLES .....	xii
Chapter 1 Introduction .....	1
1.1 Background of the Study.....	2
1.2 The Significance of the Student Engagement and Retention.....	4
1.3 The Significance of the Cognitive Load Analysis for Educator .....	6
1.4 Research Problem .....	7
1.5 Scope of the Study .....	8
1.6 Chapter Profiles.....	9
Chapter 2 Literature Review .....	11
2.1 The factors influence for the student engagement and retention in Higher Education .....	11
2.2 Business Intelligence and Higher Education.....	13
2.3 Available Products .....	15
2.3.1 Google Classroom.....	15
2.3.2 Edmodo .....	16
2.3.3 Sakai .....	16
2.3.4 Research Gap .....	16
2.4 Cognitive Load Analysis.....	17
2.4.1 Available Products .....	20
2.4.2 Research Gap .....	21
2.5 Aim of the Research.....	22

2.6 Research Questions .....	23
2.7 Research Hypotheses .....	23
2.8 Research Objectives .....	23
Chapter 3 Methodology.....	24
3.1 Research Strategy .....	24
3.2 Research Process .....	25
3.2.1 Problem Identification and Motivation .....	26
3.2.2 Definition of the Objectives for a Solution.....	27
3.2.3 Design and Develop the Artifact.....	27
3.2.4 Demonstrate the Artifact.....	28
3.2.5 Evaluate the Artifact .....	28
3.2.6 Communicate the Results .....	29
3.3 Sampling Procedure .....	29
3.3.1 Population .....	29
3.3.2 Sample .....	30
3.3.3 Sampling Techniques.....	30
3.3.4 Sample Size.....	33
3.4 Data Collection Instruments.....	33
3.4.1 Questionnaire of the research.....	36
3.5 Validity and Reliability .....	37
3.5.1 Validity .....	37
3.5.2 Reliability.....	37
3.6 Ethical Considerations .....	38
3.7 Role of the Researcher .....	40
3.8 Constraints .....	41
Chapter 4 Detailed Architecture of the Prototype .....	43
4.1 Architecture of the Prototype .....	44

4.2 The Components of the BI Approach .....	45
4.2.1 Attendance Prediction .....	45
4.2.2 Grade Analysis and Prediction.....	50
4.2.3 Demographic Analysis.....	56
4.2.4 Lecturer Feedback Analysis.....	59
4.2.5 Mental Health Analysis.....	62
4.2.6 Report Portal .....	70
4.3 Cognitive Load Analysis Approach .....	71
Chapter 5 Results and Discussion .....	88
5.1 Results of the Survey .....	88
5.1.1 Reliability of the Key Factors .....	88
5.1.2 Demographic Analysis.....	89
5.1.3 Analysis of Key Factors.....	92
5.2 Analysis of Relationships using Correlation.....	110
5.3 Analysis of Relationships using Regression .....	114
5.4 Testing Hypotheses .....	116
Chapter 6 Conclusion and Recommendations.....	119
6.1 Summary of the Findings .....	119
6.2 Addressing the Research Questions .....	120
6.2.1 Research Question 01 .....	120
6.2.2 Research Question 02 .....	121
6.3 Strengths and Achievements .....	123
6.4 Limitations of the Research .....	124
6.5 Future Recommendations .....	125
6.6 Personal Reflection .....	126
References .....	128
Appendix .....	132

Appendix 1: Questionnaire – Lecturer .....	132
Appendix 2: Dataset .....	139
Appendix 3: Database of the implemented system .....	142
Appendix 4: Interfaces of the implemented system .....	142

# LIST OF FIGURES

Figure 2.1 B-Alert Cognitive State Software .....	20
Figure 3.1 Design Science Research general steps (Vaishnavi & Kuechler, 2004).....	25
Figure 3.2 Probability Sampling Techniques .....	31
Figure 3.3 Non- probability Sampling Techniques .....	32
Figure 4.1 Architecture of the Prototype.....	44
Figure 4.2 Attendance Prediction Flowchart.....	46
Figure 4.3 Preprocessing data - Attendance Prediction.....	47
Figure 4.4 Balancing the data - Attendance Prediction.....	47
Figure 4.5 Training the model - Attendance Prediction.....	48
Figure 4.6 Predicting Attendance .....	48
Figure 4.7 Attendance Prediction Results .....	49
Figure 4.8 Flowchart of the Grades Prediction .....	51
Figure 4.9 Calculate Improvement Ratios - Grades prediction.....	52
Figure 4.10 Forecasting Future Grades Using Linear Regression .....	53
Figure 4.11 Generate Visual Forecast Charts - Grades Prediction.....	54
Figure 4.12 Generate Overall Assessment – Grades Prediction .....	54
Figure 4.13 Grade Analysis and Prediction Results.....	55
Figure 4.14 Demographic Analysis Flowchart.....	56
Figure 4.15 Gender Distribution .....	57
Figure 4.16 Location Distribution .....	57
Figure 4.17 Age Distribution.....	57
Figure 4.18 Enrollments trends by year .....	58
Figure 4.19 Average age by gender .....	58
Figure 4.20 Average age by locations .....	58
Figure 4.21 Sentiment Analysis - Lecturer Feedback Analysis .....	59
Figure 4.22 Feedback Categorization - Lecturer Feedback Analysis .....	60
Figure 4.23 Lecturer Feedback Analysis Results 1.....	61
Figure 4.24 Lecturer Feedback Analysis Results 2.....	61
Figure 4.25 Mental Health Analysis Flowchart .....	63
Figure 4.26 Fetch data - Mental Health Analysis.....	64
Figure 4.27 Calculate average levels - Mental Health Analysis .....	64

Figure 4.28 Make conclusions - Mental Health Analysis .....	65
Figure 4.29 Risk Level and Video Recommendation Logic - Mental Health Analysis.....	66
Figure 4.30 Mental Health Analysis Results 1.....	67
Figure 4.31 Mental Health Analysis Results 2.....	68
Figure 4.32 Mental Health Analysis Results 3.....	69
Figure 4.33 Handle filters - Report Portal.....	70
Figure 4.34 DataFrame creation - Report portal .....	71
Figure 4.35 Report Generation in Excel and PDF Format - Report Portal .....	71
Figure 4.36 Bloom's taxonomy levels (Bautista, 2022) .....	72
Figure 4.37 Cognitive Load Analysis Flowchart .....	74
Figure 4.38 Data Preparation and Dataset Understanding .....	76
Figure 4.39 Label Encoding .....	76
Figure 4.40 Data Cleaning and Splitting .....	77
Figure 4.41 Tokenization .....	77
Figure 4.42 Model Initialization.....	78
Figure 4.43 Training Configuration .....	78
Figure 4.44 Training the Model .....	78
Figure 4.45 Model Evaluation.....	79
Figure 4.46 Calculate Cognitive Load Percentage .....	79
Figure 4.47 Explain Cognitive Load Results .....	80
Figure 4.48 Calculate Percentage Distribution.....	80
Figure 4.49 Sample Module Outline 1 .....	82
Figure 4.50 Cognitive Load Analysis Approach Results 1 .....	83
Figure 4.51 Sample Module Outline 2 .....	85
Figure 4.52 Cognitive Load Analysis Approach Results 2.....	86
Figure 5.1 Demographic question 1 - Gender .....	90
Figure 5.2 Demographic question 2 - Department .....	90
Figure 5.3 Demographic question 3 - Experience.....	91
Figure 5.4 Dashboard and Reporting Q1 .....	92
Figure 5.5 Dashboard and Reporting Q2 .....	93
Figure 5.6 Dashboard and Reporting Q3 .....	94
Figure 5.7 Dashboard and Reporting Q4 .....	95
Figure 5.8 Cognitive Load Analysis Q1 .....	96
Figure 5.9 Cognitive Load Analysis Q2 .....	97

Figure 5.10 Cognitive Load Analysis Q3 .....	97
Figure 5.11 Cognitive Load Analysis Q4 .....	98
Figure 5.12 Data visualization Q1 .....	99
Figure 5.13 Data visualization Q2 .....	100
Figure 5.14 Data visualization Q3 .....	101
Figure 5.15 Data visualization Q4 .....	101
Figure 5.16 Predictive Analytics Q1 .....	103
Figure 5.17 Predictive Analytics Q2 .....	103
Figure 5.18 Predictive Analytics Q3 .....	104
Figure 5.19 Overall System Effectiveness Q1 .....	105
Figure 5.20 Overall System Effectiveness Q2 .....	106
Figure 5.21 Overall System Effectiveness Q3 .....	107
Figure 5.22 Overall System Effectiveness Q4 .....	108
Figure 5.23 Overall System Effectiveness Q5 .....	108
Figure 5.24 Overall System Effectiveness Q6 .....	109
Figure 5.25 Overall System Effectiveness Q7 .....	110
Figure 5.26 Correlation Between Dashboard and Reporting Usability (DAR) and Overall System Effectiveness (SYSN) .....	111
Figure 5.27 Correlation Between Cognitive Load Analysis (CLA) and Overall System Effectiveness (SYSN) .....	112
Figure 5.28 Correlation Between Predictive Analytics (PAN) and Overall System Effectiveness (SYSN) .....	113
Figure 5.29 Correlation Between Data Visualization (DVN) and Overall System Effectiveness (SYSN) .....	113
Figure 5.30 Regression between Dashboard and Reporting Usability (DAR) and Overall System Effectiveness (SYSN) .....	114
Figure 5.31 Regression between Cognitive Load Analysis (CLA) and Overall System Effectiveness (SYSN) .....	115
Figure 5.32 Regression between Predictive Analytics (PAN) and Overall System Effectiveness (SYSN) .....	115
Figure 5.33 Regression between Data Visualization (DVN) and Overall System Effectiveness (SYSN) .....	116

# **LIST OF TABLES**

Table 2.1 Research Gap .....	17
Table 3.1 Format of the 5-point Likert scale.....	36
Table 3.2 Structure of the questionnaire.....	36
Table 5.1 Cronbach's alpha values .....	88
Table 5.2 Results of Reliability Analysis.....	88
Table 5.3 Dashboard and Reporting Questions.....	92
Table 5.4 Cognitive Load Analysis Questions.....	95
Table 5.5 Data Visualization Questions .....	99
Table 5.6 Predictive Analytics Questions .....	102
Table 5.7 overall system effectiveness Questions .....	105
Table 5.8 Correlation Values .....	111